



In the initial Roman calendar April was the second month of the year until January & February were added in 700 BC. It is thought that the name April comes from the Latin word "to open" & describes the trees opening at springtime.

#### **April Days & Dates**

4/1 – April Fool's Day

4/2 – Autism Awareness Day

4/4 – Easter Sunday

4/21 – Administrative

**Professionals Day** 

4/22 - Earth Day

4/30 - Arbor Day

### April Is...

- ✓ World Autism Month
- ✓ National Poetry Month
- ✓ Jazz Appreciation Month
- ✓ National Humor Month
- ✓ International Guitar Month
- ✓ Math Education Month
- √ Keep America Beautiful Month



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# **APRIL 2021** Client Newsletter

APRIL 2ND IS WORLD AUTISM AWARENESS DAY!

WORLD AUTISM AWARENESS DAY is internationally recognized on April 2nd every year, encouraging Member States of the United Nations to take measures to raise awareness about people with autism throughout the world. It was designated by United Nations General Assembly resolution 62/139, passed in council on November 1, 2007, & adopted on December 18, 2007. Since its inception autism awareness & research around the world has increased as a result. World Autism Day is also one of only 4 official health-specific UN Days. The day itself brings individual autism organizations together all around the world to

aid in things like research, diagnoses, treatment, & overall awareness for those with the disorder.



# STEPS TO A CREENER CAR



It doesn't matter if the car you're driving is new or old, big or small. Here are some preventive maintenance steps you can take to make sure your car is as environmentally friendly as possible, according to the non-profit Car Care Council.

Keep your car properly tuned for optimum performance - A properly maintained vehicle can improve its efficiency, reduce emissions & save you money.

- ✓ **DRIVE SMART** How you drive has a lot to do with fuel economy. Avoid sudden starts & stops & go the speed limit. Minimize unnecessary miles by combining errands in one trip.
- ✓ **REGULARLY CHECK & REPLACE DIRTY AIR FILTERS** An air filter that is clogged with dirt, dust & bugs chokes off the air & creates a "rich" mixture that causes the engine to lose power.
- ✓ HAVE SPARK PLUGS CHECKED & REPLACED IF NECESSARY A dirty spark plug can cause misfiring, which wastes fuel.
- ✓ **MAINTAIN THE COOLING SYSTEM** A cooling system thermostat that causes the engine to run too cold can lower the fuel efficiency of a car by as much as one or two
- ✓ **CHECK TIRES REGULARLY** Proper tire pressure can improve gas mileage by 3.3 percent or 10 cents per gallon.
- ✓ GAS CAPS A loose, cracked or damaged gas cap allows gas to escape from your tank as a vapor, wasting fuel & increasing vehicle emissions.
- ✓ **FILL-UPS** When filling up your car, remember to stop when the nozzle shuts off. Topping off the gas tank can release harmful vapors into the environment & waste
- ✓ **A/C MAINTENANCE & USE** The A/C system should be inspected annually & you should use your air conditioning only when needed. Parking in the shade & using a reflective windshield shade can help your car stay cooler when parked, meaning it takes less to cool it off when you get back in.
- ✓ **VEHICLE FUEL SYSTEM** By properly maintaining your vehicle's fuel system (ex., replacing your car's fuel filter & having your fuel injectors flushed) you will not only have a cleaner, "greener" car, but you will save money at the pump!

source: www.carcare.org

## **BET YOU DIDN'T KNOW....**

April Fools' Day began in the 1500s when the Gregorian calendar took over from the Julian. Those who forgot the change and attempted to celebrate New Year's (previously celebrated on the 1st of April) on the wrong date were teased as "April Fools."



### **APRIL 4TH IS EASTER**

#### **5 FUN FACTS ABOUT EASTER CANDY**

- 1. Next to Halloween, Easter is the biggest candyconsuming holiday of the year. Six months apart, perfect for your yearly dentist check-ups!
- 2. Peep peep ... did you know Americans buy more than 700 million marshmallow Peeps during Easter? This makes Peeps the most popular non-chocolate Easter
- 3. Americans consume more than 16 million jelly beans during this holiday. That is enough jelly beans to circle the globe not once, not twice, but three times.
- 4. Are you an ears, arms or tail person? 60% of people surveyed eat the ears on the chocolate bunny first, 5-percent go for the feet and 4-percent for the tail.
- 5. The tallest Easter egg chocolate was made in Italy in 2011. It stood at over 34 feet and weighed an astounding 15,000 pounds.

Twinkies were invented on April 6, 1930, by James Alexander Dewar,

a baker for the Continental Baking

filled strawberry shortcake sat idle

Company, Realizing that several

machines used to make cream-

when strawberries were out of

THAT'S A SNACK FACT, JACK!

season, Dewar conceived a snack cake filled with banana

cream, which he dubbed the Twinkie. He came up with the

name when he saw a billboard in St. Louis for "Twinkle Toe

Shoes." During World War II, bananas were rationed and

the company was forced to switch to

popular, and banana-cream Twinkies

vanilla cream. This change proved

were not widely re-introduced.

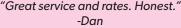


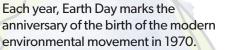
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## Thanks for the Kind Words!

-Elizabeth





**APRIL 22ND IS EARTH DA** 

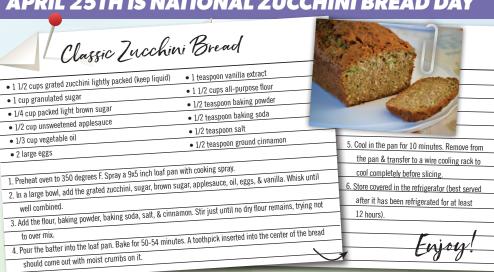
At the time, Americans were slurping leaded gas through massive V8 sedans. Industry belched out smoke and sludge with little fear of legal consequences or bad press. "Environment" was a



word that appeared more often in spelling bees than on the evening news. Although mainstream America largely remained oblivious to environmental concerns, the stage was set for change by the publication of Rachel Carson's New York Times bestseller "Silent Spring" in 1962. The book represented a watershed moment, beginning to raise public awareness and concern for living organisms, the environment, and links between pollution and public health. Earth Day 1970 gave voice to that emerging consciousness, channeling the energy of the anti-war protest movement and putting environmental concerns on the front page.

Today, the fight for a clean environment continues with increasing urgency. To learn more, visit the Earth Day Network website at www.earthday.org!

### **APRIL 25TH IS NATIONAL ZUCCHINI BREAD DAY**



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